



CLASSIC

FINE FOODS

# Fish & Seafood

SELECTION 2026



PART OF METRO



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Fresh **Seafood**

# Foro Maree



Foro Marée is a key fish and seafood wholesaler in France and Europe. Our processing units are spread along the Atlantic coast in La Rochelle, Les Sables d'Olonne and Saint-Pierre-d'Oléron.

Port de Pêche de Chef de Baie is a proper port area dedicated to seafood products and fully equipped to meet the needs and expectations of the sector's professionals. With its deep water basin, it offers permanent access protected by the Charente archipelago islands (Ré, Oléron, Aix and Madame) to the main Gulf of Gascogne fishing areas.

Its ideal location provides small-scale fishing vessels from La Rochelle with a direct entry point to the Pertuis sea. Our processing unit holds IFS (International Food Standard) certification, which attests to our expertise and hygiene standards as well as the

expertise of our teams who select, process and prepare products to fill our client's orders on the same day the catch is landed.

Our company is the largest buyer in the southwestern fish markets, stretching from St-Jean-de-Luz to La Turballe, where we buy the best seafood products. And because we are part of the group, we are also able to offer you a particularly wide variety of the best species from other French fish markets: sole, conger eel, megrim sole, monkfish and cephalopods such as cuttlefish and squid.

We provide next-day delivery for most products to our clients in France and abroad. This is made possible by the fact that we have our own logistics and teams able to select, sort, package and ship our products on the day of purchase.

## Fresh Fish



سمك لبروس ٢ فما فوق  
Wrasse Fish 2/+

6KG OWI020



سمك بوري رمادي غليظ الشفاة ١/٢  
Thicklip Grey Mullet 1/2

6KG OWI049



سمك دنيس ملكي صيد صنارة ٢/٣  
Line Caught Royal Seabream 2/3

2.5KG SEA027



سمك فاروص البحر صيد صنارة  
Line Caught Meagre Fish

3KG - 2/4 MEH003  
5KG - 4/6 MEH004  
8KG - 6/10 MEH005  
15KG - 10/20 MEH006  
25KG - 20/+ MEH007



سمك القاروص  
Seabass

4.5KG - 4/5 LINE CAUGHT SEA008  
5KG - 4/5 NET CAUGHT SEA014  
3KG - 1/2 IKEIJIME SEA001  
5KG - 2/3 IKEIJIME SEA002  
3.5KG - 3/4 IKEIJIME SEA003



سمك التررس ٤/٥  
Turbot Fish

4.5KG - 4/5 FLA042  
7KG - 6/8 FLA044  
9KG - 8/10 FLA045  
12KG - 10/+ FLA046



## Fresh Fish



سمك جرنارد 1/2  
Gurnard Fish

3KG - 1/2

OWI011

5KG - 2/3

OWI012



ذيل سمك الراهب 1/2  
Monkfish Tail Trim

3KG - 1/2

MOK002

5KG - 2/4

MOK003

3.5KG - 3/4

MOK004



سمك سلطان إبراهيم بالقشور 1/200  
Red Mullet Scales On

3KG - 1/200

OWI005

3KG - 2/300

OWI006

3KG - 3/500

OWI007

3KG - 500/1

OWI008



سمك جون دوري  
John Dory Fish

3KG - 800/1

FLA097

3KG - 1/2

FLA098

5KG - 2/+

FLA099



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# Frozen **Seafood**

## Cinq Degres Ouest

Cinq Degres Ouest are proud to pioneer a more eco-friendly and efficient method for harvesting lobster, utilizing cutting-edge technology to remove the meat from the shell via a high-pressure process that preserves the meat's integrity.

They thoroughly inspect each piece by hand to ensure there are no shell remnants, then cryogenically freeze the meat, locking in its flavor and texture to offer seasonal products year-round.



### Frozen Lobsters





amacore®

happy people, world class fish

# Amacore

Amacore, a privately owned frozen seafood supplier based in Hilvarenbeek, Netherlands, engages in the import, distribution, processing, and export of seafood products across Europe. Originally established in 2002 as Open Seas, the company transitioned to Amacore B.V a few years later, focusing on frozen seafood as its core business. Over the past 15 years, Amacore has evolved into a member of the Future Fish Group, boasting a dedicated team of 35 professionals and its own production facility in the Netherlands, with ambitions for further growth.

## Frozen Seafood



جمبري كامل / خام  
LANGOUSTINES 700 G (PC)

|       |    |           |
|-------|----|-----------|
| 13-16 | ❄️ | AMAC07005 |
| 8-12  | ❄️ | AMAC07006 |
| 4-7   | ❄️ | AMAC07007 |



شرائح سمك القعد الأطلسي / بدون جلد  
FROZEN ATLANTIC COD FILLET  
SKIN ON PBI INTERLEAVED (KG)

|          |    |           |
|----------|----|-----------|
| 16-32 OZ | ❄️ | AMAC07008 |
|----------|----|-----------|



فيليه سمك رنجة مدخنة / مجمد  
SMOKED HERRING FILLETS (KG)

|        |    |           |
|--------|----|-----------|
| 1.5 KG | ❄️ | AMAC07017 |
|--------|----|-----------|



أذرع أخطبوط مطهوه مسبقاً  
Precooked Octopus Tentacles

|              |    |           |
|--------------|----|-----------|
| 1.3 - 1.8 KG | ❄️ | AMAC07012 |
|--------------|----|-----------|



سمك دحنانة كامل / بدون احشاء  
WHOLE GUTTED TURBOT (KG)

|            |    |           |
|------------|----|-----------|
| 1.5-2.0 KG | ❄️ | AMAC07015 |
| 2.0-2.5 KG | ❄️ | AMAC07016 |



سمك الهلبوت كامل / مجمد  
DOVER SOLE 20% GLAZE  
UNTREATED WG (KG)

|           |    |           |
|-----------|----|-----------|
| 600-800 G | ❄️ | AMAC07018 |
|-----------|----|-----------|



أخطبوط كامل منطف / خام  
OCTOPUS TRAYS (KG)

|        |    |           |
|--------|----|-----------|
| 2-3 KG | ❄️ | AMAC07010 |
| 4-6 KG | ❄️ | AMAC07011 |



## Serrats

In 1890, José Serrats founded an industry in Bermeo to bring the delicious freshness and flavor of Cantabrian sea products to remote places. Using the best raw materials, such as Bonito del Norte and Anchovy, and traditional fishing gear, they implement new conservation techniques from France to quickly introduce their products to European and North American markets. Their canned Bonito del Norte and Anchovy are carefully made using an artisan process perfected over five generations.

Serrats guarantee exceptional quality by selecting the best raw materials, fish, oils, and packaging, and using innovative technologies to improve maintenance, selection, and packaging. A strict quality control system enables them to continue to gain the trust of the most demanding national and international markets.

## Tuna in Tin



تونه - بيضاء في زيت نباتي - بونيتو ديل نورتي  
TUNA - WHITE IN VEG OIL  
BONITO DEL NORTE

1.8 KG SER07008



تونه - زعنفة صفراء في زيت عباد الشمس  
TUNA - YELLOW FIN  
IN SUNFLOWER OIL

1.8 KG SER07011



تونه - قطع بيضاء في زيت الزيتون - بونيتو ديل نورتي  
TUNA - WHITE CHUNKS  
IN OLIVE OIL - BONITO DEL NORTE

1.8 KG SER07005